

Pen & Prosperity

Website: https://penandprosperity.vgcet.com

Volume 2 :: Issue 2 :: June 2025 :: e-ISSN No. 3048-9555

Success Story of A Person with Differently-Able Person

Ms. Hamtha Biki Darlong

Special Educator, Saksham Tripura Project, Email:darlonghamtha@gmail.com

Dr. Silali Banerjee

Associate Professor, Department of Special Education & Rehabilitation, The ICFAI University, Tripura, Email:silalibanerjee@gmail.com

Abstract:

Success can be achieved only through hard work, determination and dedication. As one of the greatest Indian leader Jawaharlal Nehru quoted "FAILURE COMES ONLY WHEN WE FORGET OUR IDEALS, OBJECTIVES AND PRINCIPLES", it is important to stay true to one's goal and vision even when an obstacle arises in the journey to success.

This research highlights an inspiring journey of an individual from defeating challenges to a remarkable success. It aims to inspire and encourage the people by also shedding lights on Tripura's educational development taking place in the present time. It will showcase about a

ARTICLE INFO

Article history:
Received: 10 May 2025
Received in revised form
20 May 2025
Accepted 29 May 2025

Citation: Darlong. Ms. H. B. & Banerjee. Dr. S., (2025) "Success Story of A Person with Differently-Able Person", *Pen and Prosperity*, Vol. 2, Issue. 2, June 2025.

girl from Tripura with differently-able achieving success despite difficulties and hardships faced by her and learning from setbacks through her strong will and perseverance in accomplishing her goal.

She was born on 15/03/2000 and was diagnose as Achondroplasia with (BK) clabfoot with dwarfism, which is a case of LOCOMOTOR DISABILITY. She has completed her high school in Ramesh H.S School, Udaipur securing 88% in her matriculation result in the year 2017 and has successfully completed her Under-Graduate BSC in Mathematics (honours) at Netaji Subhas Mahavidyala, Udaipur 2021. Presently serving in the position of a Panchayat Executive Officer in Tripura 2025 and aspire to become a TRIPURA CIVIL SERVICE OFFICER hereafter.

It was interesting to perform this research as it is a rare case in a state like Tripura which also results in a research gap. It will not be wrong to say that such a study and investigation is a necessity for the upcoming generation to read and informed. The entire purpose of this study is to use her as a role model for other people by emphasizing on the unseen forces that leads to an overwhelming success in her mission.

The title of the research is SUCCESS STORY OF A PERSON WITH DIFFERENTLY-ABLE IN TRIPURA: A SINGLE CASE STUDY.

Keywords: Achondroplasia, Disability, Locomotor Disability, Dwarfism, Physically Handicapped.

Page: 46

Introduction:

Success often shines brightest when it emerges against the odds. The journey of differently-abled individuals is a testament to the strength of the human spirit, resilience, and determination. Despite facing physical, mental or sensory challenges, many such individuals have broken through barriers and achieved extraordinary success in various fields—from sports and arts to technology and social activism.

This is the inspiring story of [Insert Name], a person who transformed their limitations into stepping stones toward greatness. Their life is not just a story of personal achievement but a beacon of hope and motivation for others, proving that with courage, support, and perseverance, no obstacle is insurmountable.

Literature Review:

- Employment integration barriers: experiences of people with disabilities Emma Louise McKinney &Leslie Swartz Pages 2298-2320 | Received 10 Jul 2018, Accepted 13 Jan 2019, Published online: 24 Mar 2019 https://doi.org/10.1080/09585192.2019.1579749
- Community Rehabilitation and Disability Studies, Department of Community Health Sciences, Cumming School of Medicine, University of Calgary, Calgary, AB T2N4N1, Canada Societies 2021, 11(2), 49; https://doi.org/10.3390/soc11020049 Submission received: 23 April 2021 / Revised: 10 May 2021 / Accepted: 12 May 2021 / Published: 18 May 2021
- Academic success factors in university students with disabilities: a systematic review Anabel Moriña &Gilda Biagiotti Pages 729-746 | Received 30 Mar 2021, Accepted 03 Jun 2021, Published online: 10 Jun 2021 https://doi.org/10.1080/08856257.2021.1940007
- The role of human resource practices for including persons with disabilities in the workforce: a systematic literature review Aileen Schloemer-Jarvis, Benjamin Bader & Stephan A. Böhm Pages 45-98 | Received 01 Jan 2021, Accepted 11 Oct 2021, Published online: 18 Nov 2021 https://doi.org/10.1080/09585192.2021.1996433
- Effects of disability-related services, accommodations, and integration on academic success of students with disabilities in higher education. A scoping review Antje Römhild & Alfons Hollederer Pages 143-166 | Published online: 05 Apr 2023 https://doi.org/10.1080/08856257.2023.2195074

The purpose of the literature review is to perform a research on the lack of investigation in the selected area. It can be evident from the above given publications that no case has been investigated related to Tripura. More particularly, concerning the case of disability there is no attempt made by any researcher; therefore the case study on the success journey of this particular subject is essential. By highlighting the achievements it can also help in reducing or to overcome negative stereotypes and stigma surrounding disability.

Furthermore, it can raise awareness about the importance of inclusion and accessibilities in the state of Tripura and how the advocacy for policy changes and environmental modifications promotes greater inclusion in the community. The primary reason underlies in identifying barriers that individual with disabilities faces in accessing employment opportunities while examining the current practice in promoting equality in the work field.

Objectives:

• The study aims to highlight on the efforts that she has contributed to her achievements and certain challenges, obstacles and difficulties she had face, in addition on how she has worked hard to support her academic and social progress, leading to her better educational practices and goals.



- Such a case is efficient and helpful for every people who is an aspirant and wishes to achieve a top position in their respective lives, but very limited research has been conducted particularly in a selective state like Tripura. Therefore a well-documented case study is necessary to be attempted on the life experiences of a woman like her.
- Through this study, the researcher intended to explore the story with an aim to empower and encourage the mindset of the future aspirants to come.
- The case study will also provide an insightful strategy contributed by the lady for tackling the barriers and hardships that she came across. These factors can be relatable to some and can motivate others to take action to bring a positive change in their lives.
- It is also an attempt to review on how the government have advanced and taken great initiatives for the welfare of people in Tripura. The fact that Tripura is on a good run in making a universal society to live in will also be discussed in the study.

Chapter 1:

We now live in a country where adequate accessibilities is provided considering the requirement of the people living in the society. But the question still remains – IS EVERYONE WELL-AWARE OF THESE INITIATIVES TAKEN BY THE GOVERNMENT? and the answer will always be not widely known. As a learner or a trainee studying in the field of special education, it is always fascinating to hear several top-notch successful stories of person with differently-able bringing honour to our nation. Following my research, the first reservation for person with disabilities in job sector was implemented in the year 1997 after the introduction of the Tripura Scheduled Castes and Scheduled Tribes (Reservation of vacancies in Service and Posts) First Amendment Act, 1997 read with The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act, 1995. The percentage of reservation for Physically Handicapped (Disabled Persons) has increased from 2% to 3%. Consequently, Physically Handicapped Persons recruited in Government Service as well as in Public Sector Undertakings etc. (and Ex-Serviceman) belonging to ST, SC and UR categories are being adjusted against the points of ST, SC and UR categories respectively. Looking back at the 10 years ago, the reserved seats for person with disability is not fully occupied due to an absence of general awareness existing in the society. This is the need for a research to carry on to uplift the universalisation of education by ensuring to collect useful data and records.

The latest exam for Panchayat Executive Officer (PExO) in Tripura was conducted in the month of November 2022 and the mains in May 2023 the next following year. It was interesting to see that one from the reservation seat for person with disability was successfully occupied by a lady aspirant declared in January 2024. She was then selected for an interview process in the third stage who again cracked it and commendably secured a position in the department.

Chapter 2:

She is a case of Locomotor disability who has spent years after years in a wheel-chair but her differences had never stopped her from reaching her goals. Born in the year 2001, this fine young lady was the first one among all her friends and peer-groups who attends classes in a wheel-chair. As mentioned earlier, this was the time when accessible tools or facilities were missing and it is hard to even imagine how tough it must have been but she never looked back. Even sitting in a wheel-chair in a classroom, she targeted only in one direction which is to never give up. Like everyone else, she has developed a hobby and one was painting. Continuing her hobby, four National Awards were awarded in the painting competition participated by her



including one President Award. She was not only mindful in her academic perspective but also determined in fulfilling the extra-curricular activities.

Chapter 3:

In a conversation with her, she cited that "Without my family support more precisely without the support of my parents I can't do anything. My parents are the compass of my life who always give right direction to pursue my journey." Behind every successful person, parents have a vital role to act as the primary source of emotional support and moral guidance in ultimately shaping a child's personality. Yet it is still evident at present, how some parents neglect their roles in nurturing a child's development that can be reflected in the overall well-being of a child. This negative impact can extend into adulthood, potentially impacting relationships, career choices in the life of a person.

Chapter 4:

To the question asked on what advice she has for an aspirant like her, she said "I think I am not a right person to give any advice to someone. But yes I can express my point of view in this matter. I believe that if we can stay focused on our goal the whole universe will help us in some way." The beauty of success lies in the strong hold of your dreams and eliminating distraction come what may. Thus, the only objective of this case study is to contribute in empowering students particularly that faces physically challenged in day-to-day lives.

Methodology:

The study's design, recorded data, data collection are all explained in this portion.

Design of the Study:

The approach is purely a qualitative method where out of all the total population in Tripura in the existing section of employment rate, only one case is used as a sample for carrying out an investigation. After thoroughly studying few of the relatable literary sources and the consideration of a literature review, the case was examined using one single reference for collecting the data and analyzing the result. Additionally, this case study seeks to represent the perspectives of the selected case on disability as a profession in the field of studies, at workplace, home and in the community that she lives in.

Selection of the Subject:

The following selected list is the main area to be studied:

- Her educational experiences
- Her aims and goals
- Her strategy in challenges and barriers
- Her family's role

Sources And Collection of Data:

The following primary and secondary sources provided data and information for this inquiry.

Primary source: The person behind this success story is considered as a primary source



Secondary source: Her achievements, educational qualification, her statements and the necessary information have been gathered for the information.

Methods of the Data Collection:

The following methods were used for the collection of data:

- Online Interview method
- Questionnaire method designed after getting a verification from the guide

All the above methods are described below:

For this research, I proposed to the subject to be the participant of my data collection so that the response will be purely authentic.

Procedures:

In attempting to collect the data, a number of framed questions have been developed by the researcher after the verification from the guide. During the process, the researcher has set few questions to identify and analyse the research gap in the end. After a systematic discussion and consent both from the guide and the subject, the data have been collected successfully. The data and research contains of all the recorded response coming from the respondent that has been experienced all alone.

Interview Technique:

The respondent was contacted individually based on online mode (video call) for the interview according to the preference of the subject and the researcher began the interview using the questionnaire prepared by the researcher. Childhood, college period, future aim, family's impact, disability then and now, and professional life were all discussed during the process.

Response:

The details of the response are listed below.

Sampling Questions:

Born: 12/12/1999

Achievements: Four National Awards in the field of painting (including one President Award). In the last year cracked TPSC Combined examination.

Studies: Bachelor of Science with Mathematics honours from Netaji Subhash Mahavidyalaya. Now pursuing Masters in Computer Application from IGNOU.

1. What do you wish to become when you grow up?

Ans: Civil Servant

2. Why are you interested in that field?

Ans: As my father was posted in the office of SDM since my childhood I have come to know that civil servants are engaged in policy implementing. As a person with disabilities I have faced a lot of issues so I always want to be there in that system so that I can do something for the persons with disabilities.



3. What are the biggest challenges of your life?

Ans: The biggest challenge was inaccessible infrastructure in educational institutions. The practical classrooms were in the first floor. But there was no ramp or lift. As I was a student of Science stream my parents or friends were carrying me to access the practical class. I have never ever found a single accessible washroom in my school or college days. The true fact is that during my college life I was the first one with disabilities more precisely first wheelchair user student in the Physical Science Department of our college. But there was no joy in being that first.

4. How do you deal with those challenges?

Ans: I was able to overcome that obstacle, firstly with the dedicated efforts of my parents. Secondly with the support of my well-wishers. And the thing that was needed the most was my indomitable mental tolerance. Last but not the least always try to find a substitute solution for creating the environment accessible as soon as possible like using big height chair for doing the practical of travelling microscope, carrying an adjustable tool for using washroom.

5. What kind of advice would you give to those facing the same challenge?

Ans: I think I am not a right person to give any advice to someone. But yes I can express my point of view in this matter. I believe that if we can stay focused on our goal the whole universe will help us in some way.

6. How impactful family support has been in your life?

Ans: Without my family support more precisely without the support of my parents I can't do anything. My parents are the compass of my life who always give right direction to pursue my journey.

7. What's something you want to learn more about in life?

Ans: I think I have overcome just a very little phase of my life. I have learn many more things with the passage of time. The final goal of my life is yet to be fulfilled.

8. How did you envision your achievement currently? What were the study strategies?

Ans: There was nothing special in my study strategies. It was like other aspirants common study strategies. Always tried to prepare for the Mains exam then Prelims will be done easily. I have tried to maintain only one thing that I have to dedicate at least 2 hours to my studies every day, no matter what difficulties there may be.

9. What do you think of the inclusive educational set-up and employment opportunities?

Ans: I think empathetic thoughts of the policy implementing authorities are the most important thing for inclusive education or employment opportunities. There is no need of any kind of new act. The only need is evaluation of the ramps done under RPwD Act, 2016, because in my practical experience I have found many buildings that there's a ramp but any wheelchair user can't access those ramps.

10. What advice would you give to youngsters that look up to you?

Ans: My dear juniors always remember if there are a thousand reasons to give up your dreams but also there's a million reasons to hold your dreams. Your success is not only your success; this is a cumulative success of the community of the person with disabilities. Hard work always paid off. To change the system you have to be a part of that system. Keep studying, keep embracing your journey.



Result and Discussion of Findings:

This section collects detailed information regarding family background, education, early life, and career through interviews, literary source materials, and questionnaire. The primary objective of this study is to analyze the respondent contributions and achievements in promoting in her career. Additionally, the study aims to examine her administrative qualities, professional career, other achievements in different competition as a learner in the accomplishments as an administrator, service experience, study schedule, her perspective on various disabilities-related issues, and suggestions to enhance the standard of accessibility in Tripura.

Discussion of the Findings:

After analyzing the data, the following findings were found. The respondent is a determined learner towards her goal and the results can be perceived in her examination performances. Facing her challenges may have been tough yet it did not stop her strong-will in following her dreams. Furthermore,

- The respondent has an enthusiastic personality and kind nature that is happy to support anyone seeking for help.
- It has been found her families have always encouraged her to pursue her dream goal and have advocated fulfilling her needs and fostered a supportive environment that allows her to thrive.
- It has been found that she is very calm on and off the field. Also, she is very organized in her work plan, and she always follows the schedule punctually.
- She is a highly motivational person, even to the question asked for an advice she would like to give; she replied to always stay consistent and never let any defeat or downfall control you to the youngsters.
- After analyzing the data, it shows that she has trained herself very well for the highest level. During the pressure, she maintained her calmness, and her way of tackling during the pressure time never went down thus proved she is a mentally tough person.
- The respondent does not shy away when interacting about a disability-related issue. She rather believed that there is nothing impossible being disabled.

Limitation:

- Due to the smaller size of a studied sample, the findings are also limited.
- While investing the case the researcher has opted for a non-standardized questionnaire which revealed as unprofessional comparatively, thus affecting chances of high qualitative outcomes.
- The main weakness undergoing the process was the time constraints as adequate time availability is the main aspect while planning for a research. Considering the sensitive nature of the situation the product of the intervention was quite unfulfilling to represent towards the end of the case study.
- Generally, individual meeting is considered to be the best forms of collecting the data whereas in this
 case study method it is investigated depending on an online mode which leads to a lesser chance of
 receiving a fine product.



Future Perspective:

- Around the world, the issue of "disability" is sensitive and people with disabilities frequently face negative stereotypes and discrimination leading to social isolation and exclusion in society. However, with the change in time the dynamics nature of disability has shown a progressive advancement almost everywhere. The society views and the treatments of the people with disabilities have shifted to a great extent from exclusion to inclusion. Taking that into account, several changes have taken place in the job sector like flexibility, and the rise of digital accessibility creating equal opportunity in the workplace.
- While studying this specific case, it is noticeable that the employment programme has been made inclusive to all the people with or without disability. The respondent herself have stated that in contrast to that of now the barriers face by the people with disabilities have reduced to a good extent with an addition to vulnerabilities in employment. Tripura, a state that we live in presently is no longer a society with lack of inclusion but also a secure and a place that welcomes every individual from diverse backgrounds.
- In conclusion, this case study finding is also unique because it focuses in-depth and exclusively on the factors that contributed to the personal growth of the respondent and development over time. It can be observed as a role model for many youngsters who aims to thrive for success after highlighting the dedication and commitment she gave for the life she owns now.

Reference:

- Employment integration barriers: experiences of people with disabilities Emma Louise McKinney &Leslie Swartz Pages 2298-2320 | Received 10 Jul 2018, Accepted 13 Jan 2019, Published online: 24 Mar 2019 https://doi.org/10.1080/09585192.2019.1579749
- Equity/Equality, Diversity, and Inclusion (EDI) in Universities: The Case of Disabled People by Gregor Wolbring * and Aspen Lillywhite
- Community Rehabilitation and Disability Studies, Department of Community Health Sciences, Cumming School of Medicine, University of Calgary, Calgary, AB T2N4N1, Canada Societies 2021, 11(2), 49; https://doi.org/10.3390/soc11020049 Submission received: 23 April 2021 / Revised: 10 May 2021 / Accepted: 12 May 2021 / Published: 18 May 2021

