

Department – Physical Education

Designation – SACT – I

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Dr. Sk Rasid Mahammad

M.Sc (Yoga)

PGDYE (Yoga)

M.P.Ed (Physical Education)

M.Phil (Physical Education)

Ph.D (Physical Education)

NPTEL Certification:-

- 1) Stress Management (Psychology) from IIT Kharagpur**
- 2) Sports and Performance Nutrition (Sports Science) from IIT Madras**
- 3) Introduction to Exercise Physiology and Sports Performance (Sports Science) from IIT Madras**